YOUTH DEVELOPMENT INC.

HEAD START EARLY HEAD START PRE-K

COMMUNITY RESOURCE BOOK



BERNALILLO COUNTY

Parent, Family, and Community Engagement

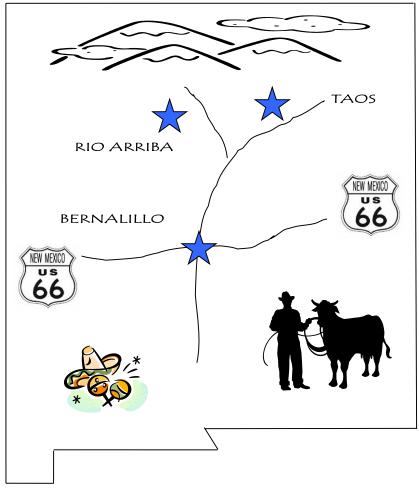


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Revised 4/16

YOUTH DEVELOPMENT, INC.

Early Childhood Education & Family Development Debra Baca, Vice President

Head Start

Head Start is a "CENTER OF EXCELLENCE" that promotes School Readiness by engaging the parents, families and the community. It provides comprehensive early childhood education services for children 3-5 years of age by enhancing the social and cognitive development of children through, health, nutrition, and socialization opportunities as well as other services to enrolled children and families. The staff provides a fun, interactive, nurturing place where children are encouraged to explore and play.

Bernalillo County Head Start/E	arly Head Start Centers		
Administration	901 Pennsylvania NE	212-7239	Fax 268-0457
Alameda	9800 4th St. NW	792-1284	Fax 792-1287
Centro De Amor	309 Stover Ave. SW	212-7267	Fax 843- 8376
Chico	150 General Bradley NE	299-3262	Fax 299-3285
El Camino Real Academy	3713 Isleta Blvd SW	314-2212	
Embudo	8000 Mountain Rd. NE	212-7335	Fax 254-9663
Heights/EHS	2520 Virginia St. NE	212-7318	Fax 291-1819
Highland	4700 Coal Ave. SE	255-4568	Fax 255-5325
Job Corps/EHS	1500 Indian School Rd. NW	346-2575	Fax 346-2727
Kirtland Elementary	3530 Gibson Blvd. SE	255-3131	Fax: 255-2085
La Mariposa/EHS	801 Mountain Rd. NE	212-7301	Fax 243-4554
La Promesa	5201 Central Ave. NW,	268-3274	Fax 268-3276
Los Vecinos	478 NM-333 Tijeras, NM 87059		
Mary Ann Binford	1400 Corriz Dr. SW	836-0276	Fax 836-2906
Mel Aragon (Mt. View)	5317 2nd St. SW	877-2750	Fax 877-2734
Mesa Verde	7900 Marquette Ave. NE	232-0086	Fax 256-0075
Pedro Baca/EHS	1700 Centro Familiar SW	212-7284	Fax 452-2216
Reginald Chavez	2700 Mountain Rd, NW	244-0330	Fax 244-0330
Severo Padilla	2525 Los Padillas Rd. SW	873-3841	Fax 873-0422
SIPI /EHS	9169 Coors NW 87120	922-6524	Fax 922-6530
South Valley	5816 Isleta SW	873-0894	Fax 877-5325
West Side Community Center	1200 Isleta SW 87105	877-5325	
Early Head Start Partnership Centers			
First Fruits Academy	500 Oliver Ross Dr. 87121	833-0858	
St. Marks in the Valley	2913 Commercial NE 87107	344-7369	

YOUTH DEVELOPMENT INC. SERVICES		
Alamosa Center Services are available for youth and families. Individual and family support, awareness groups, employment skills, art & crafts, field trips, computer lab, tutoring, recreation, referral services,	6900 Gonzales # E	831-5109 836-8760 271-2066
resources, gang intervention, summer food program, fall/winter snacks for after school. Recreation programs year around. **Registration takes place fall, winter, spring and summer.		
Amistad Crisis Shelter	1706 Centro Familar	877-0371
Carreer Education Services Center 1. Basic Employability Skills Training (BEST) 2. Workforce Literacy Program 3. GED Program 4. STAY-IN-SCHOOL 5. WIA/WORKFORCE CONNECTION OF CENTRAL NM 6. MEDCAID ENROLLMENT 7. NCLR AmeriCorps "LENS" Project 8. Next Step 9. Satellite Location /Intel Computer	6306 Central Ave.	352-3432
Casa Hermosa 18-month transitional living for youth 16-21 that are runaway, homeless or aging out of state custody. 24 hrs, 7 days a week 365 days a year	www.ydinm.org	212-2671
 EDUCATIONAL SUPPORT DIVISION YDI/APS 21ST Century Community Learning Centers GED Testing (SES) Tutoring Program 007-LTL/YDI 007-License To 	518 First St. NW	242-7306
4th Street Outreach	1223 4 th St. NW	
1. 4SO Mental Health Clinic		212-7362
2. NV Gang Intervention		212-7369
3. Family Recovery Services Intensive Outpatient Substance Abuse Treatment and		pit@ydinm.org
Tempory Assistance to Needy Families (TANF) 4. Teatro Consejo – A performing arts program designed to serve at-risk youth from Albuquerque, focusing on youth from the unincorporated areas of Bernalillo County.		212 -7369
1.Health Programs	1608 Isleta Blvd. SW	877-7318
2. Youth Reaching Youth Street Outreach Program	1500 *** 1 0***	0.42.04.02
Juvenile Community Corrections	1500 Walter SW	842-8183
Other Outreach Satellite Locations 1. Homeless Prevention Program 2. Neutral Corner	6301 Central NW 118 Dartmouth SE	352-3430 255-0007
3. Project Achieve (Ernie Pyle Middle School)	1820 Valdora SW	352-3430
4. Wise Men/Wise Women	5005 4 th St. # 102	212-7346
Special Projects 1. Grants & Resource Development 2. Mi Voz 3. YDI Foundation 4. West Central Community Development Group (WCCDG) 5. Neighborhood Initiatives 6. Alamosa Neighborhood Association (ANA) 7. Southwest Alliance of Neighbors (SWAN)	100 Roma NW 6013 Sunset Gardens	242-7306
South Valley Family Services	1710 Centro Familiar	212-7405
Clinical Services	1820 San Pedro # 7	212-7405
 Clinical Services: for. Family and Community Services The Familia Terapy Project 		
4. Get UP!!! Get Moving!!!Initiative	1706 Centro Familiar	877-0371
Yes Housing, Inc.	104 Roma, NW	254-1373

CRISIS NUMBERS		
Albuquerque Rape Crisis Center	1025Hermosa SE	266-7711
Counseling and therapy for rape victims. Free. Bilingual		
AGORA-UNM Crisis Center 24 hours	1820 Hermosa SE	277-3013
American Red Cross	www.redcrossnm.org	265-8514
Amistad Youth Crisis Shelter for adolescents 12-17, open 24/7	1706 Centro Familiar SW	877-0371
Child Protective Service 24 HR.Hotline		841-6100
Crimes against Children		924-6000
8am- 5 pm, Mon-Fri weekend & night Advocates Available		
Doméstic Violence Hotline (SAFE HOUSE)		1-800-773-3645
Intimate Partners only,24/7		247-4219
Gas line leaks		246-7300
		345-1841
Hogares , Inc. (Youth Development Inc.)	1218 Griegos Rd.	345-8471
Continuum of residential treatment for adolescents includes residential treatment,		
substance abuse residential treatment, and indelendent living facilities.		
NM Poison Control	1127 University Blvd, NW	272-2222
Psychiatric Emergency Services (24 HR services)		272-2920
Resources Inc. (Domestic Violence Victim Assistance Unit)		884-1241
Shelter for Women		1-800-773-3645
		247-4219
UNM Mental Health Center		272-2800
UNM Rape Crisis		266-7711

FOOD		
URGENT NEEDS		
Albuquerque Meals on Wheels	5901 Harper Dr. NE	823-8064
Home- delivered meals for the elderly, home bound, and disabled. Can accomodate		
special diets for minimal fees. www.mow-nm.org		
Albuquerque Rescue Misión	525 2nd St. SW	346-4673
Food boxes for families		924-1311
Meal site M-F 8:00 am- 4:00 pm Breakfast served at 6:00am, Dinner at 5:00 pm		
Spanish speaking staff available. <u>www.abqrescue.org</u>		
American Red Cross	7445 Pan American	265-8514
Emergency home repair for safety and/or health for seniors.		
ECHO, INC.	300 Menaul NW St. 226	242-6777
Commodity food supplements for pregnant, new mothers, mother with children		
under 6 and NOT ON WIC . Also food bank for low income families (no referral		
needed) must be 60 or older.		
Central United Methodist	201 University NE	243-7834
Can also assist with sack lunches and free daily bus tokens or bus passes for \$12.00		
H.E.L.P.	213 Truman NE	265-3714
For assistance with evictions, utilities, shut-off notices, car repair. Needed for		
work or medical reasons bring in: last year's proof of income, family size, &		
eviction/shut-off notice. Job placement, rental assistance		

FOOD URGENT NEEDS continued		
Highland Baptist	417-Palomas SE	256-1682
FREE food box for persons in need. Require picture ID and proof of address.		
Open Tuesday and Thursdays 1:00 pm		
Language: Limited Spanish Speaking available		
Jewish Family Services of NM	5520 Wyoming Ste. 200	291-1818
John Marshall Center	1500 Walter SE	848-1345
Rent money available by referral, commodities, food boxes, & clothing bank.		
Macedonia Baptist	1509 Edith SE	242-3682
Project Share	515 Yales SE	242-5677
Hot meals @ 5:00 pm closed on Wed.		
Salvation Army		
Eviction and shut-off notices, food, and work therapy for adults, alcohol & drug	4301 Bryn Mawr. Dr. NE	872-1171
abuse counseling, services. Other family services: Meal Sites, Counseling:		
Food, Clothing, Mental Health, Counseling, Addictions and Recovery		
Monday –Friday 9:00 am-12:00pm		
St. Vincent De Paul Society	4120 Menaul	346-1500
Emergency financial assistance for rent, utilities, and food. Other services based		
on need. Home visit required.		
(The) Storehouse	106 Broadway SE	842-6491
Clothing bank and food. Clothes once every two (2) months, food, must bring ID,		
birth certificate for all children and address verification.		

EMERGENCY SHELTERS		
Barrett House	10300	243-4887
Emergency shelter for women and women with children. Night shelter and emergency help only, up to 3 weeks. Transitional housing available	Constitution, NE	
CASA Arboles Homeless Shelter		344-6738
Health Care for the Homeless	1217 1st St. NW	766-5197
Clinical hours available on weekdays. Hotel Vouchers depending on funds		Medical: 242-4644
Good Shepherd House	218 Iron St. SW	
Provides emergency shelter to homeless at night. Doors open at 5:00pm. Must have ID		
Joy Junction	4500 2nd St. SW	877-6967
Offers shelter, food, clothing, and referrals		1-800-924-0569
Thrift store open 9-5pm daily.		
The Rock Noon Day Ministries	2400 2 nd St.NW	246-8001
Day Shelter		
Services include: Shelter, showers, laundry, counseling, and meal program		
St. Martin's Hospitality Center	1201 3rd St. NW	843-9405
Day Shelter 8-2 pm		
Services include: Morning Meal, ID services, storage, mail & telephone services,		
advocacy, showers, and clothing.		
Day shelter serves as entry to other programs of assistance to homeless.		
Safe House		247-4219
Shelter for women and children whom are victims of domestic violence.24		
Hour shelter. Hotline is open 24 hours.		1-800-773-3645

INFORMATION NUMBERS			
AIDS NATIONAL HOTLINE (AIDS-HIV-Autism-Immunizations) 1:00 pm- 4:00 pm EST	1-800-448-0440 M-F		
Apartment Associations	822-1114		
Better Business Bureau of New Mexico	884-0500		
City of Albuquerque Information Line	311		
Crime Stoppers Commission	843-7867 or 843-STOP		
Environmental Health	768-2600		
Equifax	1-800-685-1111		
Internal Revenue Service (IRS)	1-800-829-1040		
Landlord Tenant Hotlline located in Santa Fe	505-983-8447		
Law Access New Mexico	998-4529		
Legal Advice Helpline	1-800-340-9771		
México Consulate (Information on emergency shelters/immigrations issues)	247-4177 or 247-2157		
National Missing Children Hotline	1-800-843-5678		
New Mexico Health Dept. vital records (Birth Certificates)	841-4100		
New Mexico Motor Vehicle Dept. located in Santa Fe	1-888-683-4636		
New México Gas Company	697-3335 or 1-888-664-2726		
PNM Eléctric	246-5700 or 1-800-342-5766		
Public Service Company of NM (for the Hearing Impaired)	241-4900		
Sun Van, ABQ RIDE	243-7433 OPT 5		
Suntran Albuquerque Ride/Transit Dept. (Customer Service)	724-3100		
United Way (Information and Referral Services)	247-3671		
Water Bills (City of Albuuquerque)	842-9287		
Water Utility/Dispatch (Emergency Repairs)	857-8250		

SUPPORT GROUPS			
Adult Children of Alcoholics	425 Universityies NE	247-2515	
St. Thomas of Canterbury Church Wednesday, 7:00-8:30 pm,			
12-step support group for adults, 18 & over, with an alcoholic parent.			
AIDS Helpline	625 Truman NE	1-888-882 2437	
NM Aids Services M-F 9:00 -5:00 pm		(AIDS)	
		938-7100	
Al-Anon and Alateen	9004 Menaul NE # 12	262-2177	
12-step program for persons affected by an alcoholic friend or loved one &			
children ages 12-18 with an alcoholic parent. M-F 8:00 – 5:00			
Alta Mira	1605 Carlisle NE	262-0801	
Children 0-3 yrs of age. Families who have children with special needs.			
ABQ Alliance for the Mentally Ill	2501 San Pedro NE	256-0288	
Provides advocacy and support for families and friends of the mentally ill. M-F			
10:00 – 1:00 pm			

SUPPORT GROUPS continued		
Alcoholics Anonymous (AA)	11900 Haines NE	299-5526
(AA) at Los Altos Christian Church		
Gamblers Anonymous at Los Altos Christian Church		
Alzheimer Association	9500 Montgomery NE	266-4473
Support for family and friends. M-F 8:30 -4:30	# 121	1-800-272-3900
Helpline		
APN -Family Support Center	709 Lomas NW	242-1414
Offers groups to help parents address separation/divorce issues with children.		
Supervised exchange, also offers mediation 7 days a week 9:00 am-8:00 pm		

NM Autism Society		332-0306
Anyone concerned w/autism 7:00 pm 3 rd Thursday at Rio Grande Tech Ctr.		
Bereavement and Grief Support Group – Gentiva Hospice Free services for anyone who has experienced loss		884-8857
Bernalillo County Protective Services CYFD	1031 Lamberton Pl NE	841-7800
Bold Love (Domestic Violence) Legacy Church	7201 Central NW	831-0961
For women who have been physically, emotionally, sexually, or verbally abused		
People Living Through Cancer	3401 Candelaria NE St.	242-3263
Connects and supports cancer survivors and caregivers by transforming shared individual experiences into enduring hope	M	1-888-441-4439
Child Victims of Sexual Abuse	1709 Moon St. NE	271-0329
8:30am – 7:00 pm, through All-Faiths Home. Family services, truancy, homelessness, history of child abuse/domestic violence, behavior problems resulting from trauma, lack of supervision, family based trauma, poverty, education/medical neglect. Evening Hours & Saturdays available		
Children Youth and Family Department Investigations	300 San Mateo # 800	1-800-797-3260
Stop The Hurt Make the Call 24 hrs. a day 7 days a week		841-2968 HR.Dep
Children's Grief Center of NM, INC Education/Advocacy and Support Groups/Mental Health Serves youths ages 5 & up who are dealing with the death of a primary caregiver or sibling. M-Th., 9:00 am to 4:00 pm F., 9:00 am- 3:00 pm	3001 Trellis Dr. NW.	505-323-0478
Community Coalition for Health Care Access New Horizon Education/Advocacy and Support Groups Advocacy and patient rights education related to health issues. M-F, 8:00- 4:00 pm	1500 Walter SE Rm. 208	242-4755 242-1157
Domestic Violence Resource Center Victims and survivors Restraiing order/case management, crisis calls, sexual assalt/stalking. Office hours 8:00am -5:00pm accepts walkins	625 Silver SE	248-3165
Enlace Comuntario Domestic Violence/Education/Advocacy and Support Groups. Confidential support services for domestic violence victims and their children. Includes courses on how to be a better parent and advocacy services and support for victims in the court system. M-Th. 9:00 am- 5:00 pm	2425 Alamo Dr.SE	1-505-246-8972
Epilepsy Support Group	505 Marquette NW #	243-9119
Meets on the 2 nd & 4 TH Saturday of every month 4:00 pm-6:00 pm	1840	

SUPPORT GROUPS continued:		
Gamblers Anonymous www.gamblersanonymous.org		260-7272
Gay & Lesbian Information Service		891-3647
La Leche League		821-2511
Pregnant women and new mothers help with breast feeding.		
Narcotics Anonymous (N.A.) Meetings: Monday- Saturday		260-9889
New Mexico Counsel on Problem Gambling		1-800-gambler
New Mexicans with Disabilities Mon-Fri 8:00 -5:00 pm		1-800-552-8195
NM Autism Society For anyone concerned with autism. 3 rd Thursday 7:00 pm at Rio Grande Tech Center	6316 Constitution NE	332-0306
Outcomes Inc. Grandparents raising children.	1503 University NE	243-2551
Planned Parenthood admin. office	719 San Mateo NE	265-5976
Support & Education Pregnancy tests & STD testing		265-9511
All Faiths	1709 Moon St.NE	271-0329
Parents of Behaviorally Different Children 9:00 am- 5:00 pm	1101 Cardenas NE	265-0430
Family Network of NM – Counseling Svcs.	Ste.202	
Parents of Sexually Abused Children	105101 Montgomery	271-0329
(ask for family services) Physical and emotional abuse	Blvd.NE Ste. 300	
Provide Cancer Patients Help Transportation to limited areas must have one week notice for transportation. Provides Wigs, Prosthetic legs, etc.		262-6021
Smoke Cessation Group American Cancer Society		262-2333
United Way Helpline		245-1735
Wings for L.I.F.E.		291-6742
Life skills imparted to families through education.		
Provides support for former inmates and their families		

CHILDREN & YOUTH		
Alb. Mothers of Twins Club		505-508-1540
Holds gatherings for social, educational and support purposes. New members		
Family and Community Services City	400 Marquette NW, Ste.	768-2860
Community Centers, Housing, Multi Services Centers, Child Development Centers	504	
Bernalillo County 4-H Club	1510 Menaul NW	243-1386
Big Brothers and Big Sisters	5400 Phoenix NE #200	837-9223
Boy Scouts of America	5841 Office NE	345-8603
Boys' and Girls' Clubs of Albuquerque (Heights)	3333 Truman NE	881-0777
Campfire Boys and Girls	1613 University NE	842-8787
Supervised before and after school activities (grades K-6) at some elementary		
schools; handicap accessible; bilingual; weekly charge (some financial help		
available).		

CHILDREN & YOUTH continued		
Girl Scouts (Chaparral Council)	4000 Jefferson Plaza NE	343-1040
Youth (14-21 years old), employment referrals, year-round temporary and		
permanent (part-time) jobs. Register through school counselors or N. M.		
Employment Services. <u>www.nmgirlscouts.org</u>		
Open Skies Health Care Behavior Health	707 Broadway NE	345-8471
Outpatient and residential treatment for children ages 3-21.		
Includes treatment foster care, substance abuse,day, home based behavior		
management, independent and transitional living services (16-21 years old).		
New Day Family Services <u>www.ndm.org</u>	2820 Ridgecrest	938-1060
Serving youth 12-18 years old. Providing temporary emergency shelter and long-		
term group home placement for runaway, homeless and troubled youth.		
New Mexico Kids Child Care Resource & Referral		1-800-691-9067
www.newmexicokids.org		505-277-7900
DAY CARE		
This list contains only a few centers located in the 4 sections of Albuquerque.		
All Seasons Child Care	7700 Zuni SE	266-3000
La Petite 13 locations call any location for closest near you	7840 Constitution Ave	861-5028
	NE	1-844-899-3268
Christina Kent Day Nursery	423 3rd St. SW	242-0557
Children 2 1/2 a 5 1/2 yrs. cristinakent.org		
Cuidando Los Niños	1500 Walter St. SE	843-6899
Serving homeless families and those in transitional housing. <u>cuidandolosninos.org</u>		
First Fruits Academy	500 Oliver Ross Dr.	883-0858
Kiddie Kastle Child Care	805 Bridge St. SW	877-8045
Monte Vista Day Nursery	3208 Monte Vista NE	255-3655
The Wemagination Center of UNM	4010 Copper NE	268-8580
Offers training for child care providers and parents, focusing on developmentally		
appropriate learning opportunities through open-ended play with clean recycled		
materials.		
St. Marks in the Valley	2913 Commercial St. NE	344-7369
YMCA - Horn Family YMCA (services for all ages)	4901 Indian School Rd	265-6971
	NE	
YMCA - Downtown Family YMCA	303 Roma NW	881-4787
	Ste.RBooA	
YMCA – Mc Lead Mountainside Family YMCA	12500 Cammanche Rd.	292-2298
	NE	
YWCA Middle Rio Grande	210 Truman St. NE	254-9922

COUNSELING		
All Faiths Family Services and Receiving Home	1709 Moon St. NE	271-0329
Parents Anonymous and other support groups including victims of sexual abuse and, parent and children communications groups. Foster Care for special needs children and the Children's Safe house. (Investigates incidents of reported child sexual abuse). No fees for services; bilingual.		
Aliviar Counseling Services	1611 Central Ave.NW	247-4622
Associated Counseling Services	1400 Central SE, St. 220	883-8984
Behavior Therapy Associates	9426 Indian School Rd. NE	345-6100
Catholic Charities of Central NM	2010 Bridge Blvd. SW	247-0442
HOUSE Social Services organization	3306 Candelaria Rd. NE	724-4670
Central Intake Unit (AMCI) Free assessments on alcohol and substance abuse issues, referrals to inpatient treatment, over 18 yrs old, bilingual.	3121 Amherst NE,Ste.B 2650 Yale Blvd. SE # 130	272-9033
Children's Grief Center of NM	3001 Trellis Dr. NW	323-0478
Children's Psychiatric Hospital Inpatient group living treatment for children (5-14 yrs.) with emotional problems. Bilingual, sliding scale fees, Medicaid accepted.	1001 Yale Blvd. NE	272-2890
Christian Therapy Services (Preserving Marriage and Family)	320 Osuna Rd. NE H4	345-2778
Domestic Violence Family Program SAFE HOUSE Especially for Families. Has shelter. hot line		1-800-773-3645 505-247-4219
Family Institute Individual, family, couples, and marriage counseling. Also, substance abuse assessments and therapy for children and adults. Private practitioners. Some therapists offer sliding-scale fee. Some Medicaid providers available. 9-5	400 12 th St. NW	246-9096
La Familia Counseling services for children and families all Medicaid providers accepted.	2400 Wellesley Ave. NE	766-9361
A.S.A.P. UNM Alcohol & Substance Program	2600 Yale SE	994-7999
Family/Couples/Individual counseling. Adjusted fee scale assessments, individual & group therapy for adolescents & adults with problems of alcohol and /or substance abuse.	1101 Medical Arts Ave NE # 3	842-5300
Turquoise Lodge Hospital Individualized alcohol and drug in-patient treatment (including detox) for adults 18 and over. Sliding-scale fee. Do take Medicaid. Intake Hrs., 7:30 -5:00	5901 Zuni SE Ext. 114	841-8978
U.N.M. Psychiatric Center All programs bilingual. Sliding-scale fees, except the Rape Crisis Center, free. Do take Medicaid	2600 Marble NE	272-2800
Programs for Children & Adolescents Outpatient program for CPH	2600 Marble Ave.NE	272-2190
Branch of Childrens Psychiatric Hospital (CPH)	1001 Yale Blvd. NE	272-2190
UNM Cimarron Clinic (Medical Management)	1001 Yale Blvd. NE	272-0371
Center of Interpersonal Growth		842-8206
Emergency Psychiatric Care/ Crisis Intervention Provides 24-hr. suicide/crisis phone line and 24-hr. walk-in medical and counseling		272-2920 nurse line
treatment, information and referral to other agencies for follow-up after the crisis. Community Lighthouse	7801 Academy Rd. NE # 2	277-3013 273-6300
Lighthouse Counseling Inc.	2520 Virginia ST. NE # 200	296-4449
Psychology Clinic Counseling by U.N.M. students for individuals, couples, and families(waiting list); sliding-scale fees	1820 Sigma Chi Rd. NE	277-5164

OTHER COUNSELING SERVICES		
Sexual Assault Programs Services include education programs throughout the community and a 24-hr. rape crisis center (phone counseling for victim and family and referral/advocacy for legal/medical issues). Also, individual and group counseling.	9741 Candelaria NE	266-7711
U.N.M. Manzanita Counseling Services		277-7311
Albuquerque Behavioral Health, LLC	8100 Mountain RD NE Ste. 200B	830-6500
Bosque Mental Health Assoc. Inc.	5310 Homestead Rd. NE	503-6838
Counseling &Psychotherapy Institute, Inc.	803 Tijeras Ave NW # A	243-2223
David Ibarbo Counseling Associates, Inc.	2002 Central SW	242-4533
Dragonfly Counseling Associates, Inc.	540 Chama NE Ste. 2	265-0753
Family Workshop (Two locations)	7027 Montgomery NE Ste.	880-0100
Rio Rancho 2218 Southern BLVD # 14	F Albuquerque	
First Nations Community Healthsource Dental & Medical	5608 Zuni SE	262-6546
Mano de Ayuda Counseling	2929 Coors Rd. NW Ste. 102-I	836-1303
Albuquerque Health Services	112 Monroe NW	344-4427
New Horizon Counseling, Inc.	1500 Walter SE	242-1157
New Mexico Solutions	707 Broadway NE Ste.500	268-0701
St.Martin's Hospitality Center	1201 3 rd St. NW	242-4399
NEW LIFE Counseling	532 Adams St.	265-9393
Unidas Case Management, Inc.	3301 Candelaria NE Ste. D	268-8166
UNMH/Milagro Program	2450 Alamo SE	925-2493
Albuquerque Treatment Center	209 San Mateo NE	262-1538
Tricare Providers Pediatric Behavior Health & Counseling.	www.tricare.mil/mentalhea	
Kaseman Behavioral Services	8300 Constitution NE	291-2504
Del Fabbro, Anilla; MD	1001 Yale Blvd. NE	272-0371
Hall, Edwin B; MD Children, adolescent, & adult Psychiatry	1709 Girard Blvd	268-4588
Kerlinsky, Daniel; MD	7007 Wyoming NE E 3	884-0112
King, Cynthia Y; MD	2600 Marble Ave. NE	272-2190
Mann, Sabrina I;LISW	1101 Medical Arts #3	842-5300
Mullen, David; MD (CPC)	2400 Tucker NE	272-6130
New Mexico Coalition of Sexual Assult	3909 Juan Tabo Pl. NE # 6	883-8020
Mental Health Resources <u>sageclinic.org/resources/.</u>		884-1114
TRS Behavioral Care Inc. TNE Right Step	2625 Pennsylvania NE #500	232-9115

EDUCATION		
A Better U Barber Academy	4915 Lomas Blvd. NE	265-4777
Albuquerque Barber College	601 San Pedro NE	266-4900
Aveda Institute of New Mexico	1816 Central SW	294-5333
Albuquerque Academy	6400 Wyoming NE	828-3200
Albuquerque Evening High Alternative School	5300 Cutler Ave. NE	247-4209
ABQ GED, Inc.	419 Pennsylvania SE	907-9957
Community, Computers & Technology, Education & Literacy, Employment, Women. Contact Jaime Parra www.abgged.org	(Main Center)	
Albuquerque Job Corps Academic, vocational, and GED programs for low-income students ages 16-24 Child care available. On or Off-campus students accepted.	1500 Indian School Rd NW	346-2562
School Boundary Information (APS)	6400Uptown NE	855-9040
APS – Charter & Magnet Schools	6400 Uptown Blvd. NE Ste. 610-East	855-5268
APS –Home School Office	6400 Uptown NE Ste. 100-West	855-9042
APS –Main	6400Uptown NE	880-3700
APS Transfer Office APS Support Programs	6400 Uptown NE 807 Mountain NE	855 - 9050 247-3658
Career Enrichment Center Supplements high school students in business and office technology, computers, cosmetology, health occupations, industrial arts, math, languages, and science. Free transportation to and from home high school. Counseling is also provided. (Must have counselor approval and prior courses).		
Brookline College	4201 Central NW Ste. J	880-2877
Carrington College	1001 Menaul NE	634-5236
Center of Extended Learning APS Summer School	6400 Uptown Blvd. NE Ste. 500 East	855-9870
Certified Event Planner School UNM Continuing Education unm.edu	1634 University NE	277-0077
Educational Opportunity Center (UNM)	1915 La Lomas NE	277-0111
E Academy For day-working students or adults needing credits. Home instruction for medical situations. Not for 9th graders, special Ed, or suspended students. Diploma received (not GED), refundable Fees.	5300 Cutler	247-4209
Family School (APS)	4725 Candelaria NE 3000 Adams NE 3303 Desert Willon NE	888-1647 880-3744 888-1647
Freedom High School Must have earned 10 credits	5200 Cutler NE	884-6012
National American University	4775 Indian School NE Ste. 200	348-3700
National High School <u>www.nationalhighschool.com</u>		
Native American Community Academy <u>Nacaschool.org</u>	1000 Indian School Rd. NW	266-0992
New Futures School Open-entry for pregnant teens and partners. Instruction provided in childbirth, health, and child care. Counseling available. Bilingual.	5400 Cutler NE	883-5680

Education continued		
New Mexico Highlands University	401 Roma Ave.NW # 4	247-1044
Rio Rancho	1700 Grande Blvd. SE # 100	891-6900
NMHU School of Social Work	5041 Indian School NE Ste. 100	260-6180
New Mexico School of Music	136-J Washington SE 3736 Eubank NE	271-3060
New Mexico School for the Blind and Visually Impaired	801 Stephen Moody SE	1-800-437-3505
Albuquerque Campus (Early Childhood & Outreach Programs NMSBVI)		
NMSU-Albuquerque Center	4501 Indian School Rd. NE	803-2856
PIMA Medical Institute <u>www.pimi.edu</u>	4400 Cutler NE	1-800-477-PIMA
Special Education (Child Find-Aztec Complex)	2611 Eubank NE	298-6752
School on Wheels Main Campus	129 Hartline Rd. SW	243 -2395
Open-entry work/school for ages 16-19; must have dropped out of high school	2611 PL 1 NE	206 6700
Sierra Alternative School	2611 Blvd. NE	296-6708
UNM Continuing Education	1634 University NE	277-0077
Student Service Center Hotline	6400 Uptown Blvd. NE	855-9040
UNM HEP recruiter: Dayra Fallad <u>dfalllad@unm.edu</u>	400 Cornell Dr. NW	277-3020
Albuquerque, Central New Mexico Community College <u>cnm.edu</u>	525 Buena Vista Dr. SE	224-3000
Main Campus		
<u>Departments</u>		
Admissions/Registration		224-3160
Basic/GED		224-4282
Financial Aid		224-3090
Job Connection		224-4601
Human Resources		224-4600
Student Services		224-3060
Joseph M. Montoya Campus Registration	4700 Morris NE	224-5520
Adult Education		224-4321
Financial Aid		224-5656
South Valley Campus	5816 Isleta SW	224-3000
West Side Campus	10549 Universe NW	244-5360
Work Force Training Center	5600 Eagle Rock NE	244-5200
Catholic Charities of Central NM English classes for refugees and amnesty clients. Citizenship instruction. Child care (sliding-scale fee) available. Bilingual/ESL.	3301 Candelaria NE	924-4670
DeWolff's College of Hair Styling and Cosmetology	1500 Eubank NE	296-4100
LNESC Leadership training and career counseling. Tutors for low-income Hispanics (ages 12 & older) Bilingual	1309 4th St. SW	243-3787
New Mexico Kids Child Care Resource and Referral Can help you with technical assistance on child development & child care needs. Online resource for families, professionals in the child care world. www.newmexicokids.org	1634 University Blvd. NE	277-7900 1-800-691-9067
Kaplan Professional School Monday- Friday	8205 Spain NE Ste.109	800-777-1171
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Education Continued		
The NM Teen Pregnancy Coalition	540 Chama NE Ste. 11	254-8737
Offers education and resources for individuals & organizations working with		
teen parents www.NMTPe.org		
Planned Parenthood of New México (administration)	719 San Mateo	265-9511
For mother/daughter and parent/son (aimed at ages 11-14). Changes and		
Choices workshops.	3625 Central NE	265-3722
Ideas for Cooking and Nutrición (ICAN) Program	1510 Menaul NW	243-1386
Provides educational services for families and providers on a limited income.		
Outcomes, Inc.	1503 University NE	243-2551
Individualized, family & couples counseling available, Need to go in.! Support		
Groups		
Read West Inc.	2009 Grande Blvd SE, Rio	892-1131
For residents of Albuquerque's west side. Free literacy and English as a	Rancho	
second language (ESL) classes. Closed Fridays		
Southwestern Indian Polytechnic Institute (S.I.P.I.)	9169 Coors Rd. NW	792-2976
YDI Early Childhood Education & Family Development	901 Pennsylvania NE	212-7239
Programs include Head Start, Early Head Start, Pre-K, Home Based &		
Mothers who are pregnant. All services are educational for children ages 0-5		
yrs of age and educational services for parents/families.		
Women's Hospital (Lovelace)	4701 Montgomery N.E	922-6524
University of New Mexico (U.N.M.)		
Main Operator		277-0111
All Access UNM		277-8900
		277-5645
African American Student Services		277-5451
Bookstore		277-2531
Career Services		277-6414
Chicano Studies Program		277-8900
Financial Aid		277-5020
El Centro de la Raza		277-3917
Native American Studies		277-8900
Records / Transcripts/Registration		277- 8900
Registration		277-8900
Zimmerman Library		
U.N.M. Programs main operator	1624 H : : NE	277-0111
Carlisle Gym – Main Campus Division of Continuing Education	1634 University NE	277-2527
Registration		277-8900
DWI Awareness Course Registration (ages 18-24 to take class only)	1634 University Blvd. NE	277-0051
Crédit Programs		277-1154
Independent/ Correspondence	1000 777	277-1604
UNM Air Force Programs (Kirtland Airforce Base)	1900 Wyoming SE	260-1354
UNM Contuning Ed. Employment/Custom Training		277-9360
Personal Enrichment Program		277-0077
Special Projects		
DWI Awareness		277-6170
New Mexico School for the Blind & Visually Impaired	801 Steven Moody	800-437-3505
Early Childhood Program		271-3060
	3802 Hermosa Dr, NE	880-0345
New Mexico School for the Deaf & Albuquerque Pre-school		
New Mexico School of Music	136 Washington , SE	266-3474
	136 Washington , SE 202 Morningside, SE	268-2181
New Mexico School of Music	136 Washington , SE	

Additional EDUCATIONAL RESOURCES		
PIMA Medical Institute <u>www.pmi.edu</u>	4400 Cutler NE	1-800-477-7464
U.S Career Institute (Online classes)	2001 Low St. Fort Collins	1-970-207-4500
University Of Phoenix	5700 Pasadena Av. Krt. AFB	821-4800
Southwest Health Career Institute	5981 Jefferson NE Ste.A	345-6800
Institute of American Indian Arts (IAIA)	83 Avan Nu Po Rd Sante Fe. NM	1-505-424-2300 247-1701
The Albuquerque Sign Language Academy Jennifer Thompson, Academy Administrator ASLacademy@gmail.com	620 Lomas NW	247-1701
Peanut Butter & Jelly Family Services,Inc.	1101 Lopez SW	877-7060
Admin Offices & Theraputic preschool www.pbjfamilyservices.org	1101 Lopez 5 W	
Cuidando Los Ninos www.cuidandolosninos.org	1500 Walter St. SE	843-6899
Parents Reaching out (PRO)	1920 Columbia Dr. SE # B	247-0192
Native American Professional Parent Resources (NAPPR), INC.)	2201 San Pedro NE Bld. # 3 Ste. 210	345-6289
Early Intervention (Part C)	2201 Sali Fedio NE Bid. # 5 Stc. 210	343-0289
Early Head Start /Home visiting Program www.nappr.org		
Education for Indian Parents of Children with Special Needs (EPICS)	1600 San Pedro NE	767-6630
The Women's Center at Presbyterian	201 Cedar SE Ste. 5620	563-6300
·		1-800-325-2258
Albuquerque Public Libraries (information)		768-5141
Bookmobile City-County		768-5127
Alamosa	6900 Gonzales SW	836-0684
Cherry Hills	6901 Barstow NE	857-8321
East Mountain	Hwy 333 Tijeras	281-8508
Erna Ferguson	3700 San Mateo NE	888-8100
Ernie Pyle	900 Girard Blvd.SE	256-2065
Juan Tabo	3407 Juan Tabo NE	291-6260
Lomas-Tramway	908 East Ridge NE	291-6295
Los Griegos	1000 Griegos NW	761-4020
Main Library	501 Copper NW	768-5170
North Valley	7704-B 2nd St. NW	897-8823
San Pedro	5600 Trumbull SE	256-2067
South Valley	3904 Isleta SW	877-5170
South Broadway	1025 Broadway SE	764-1742
Special Collections	423 Central NE	848-1376
Taylor Ranch	5700 Bogart NW	897-8816
Westgate Heights	1300 Delgado SW	833-6984
Wyoming Regional/ Tony Hillerman	8205 Apache NE	291-6264

EMPLOYMENT		
Accion	2000 Zearling Av.SE	243-8844
Small business loans and training to entrepreneurs <u>www.accion.org</u>		
Albuquerque Hispano Chamber of Commerce	1309 4th St. SW	842-9003
Develops small businesses; provides scholarships / stay-in-school		
Albuquerque Rescue Mission	525 2nd St. SW	346-4673
One year New Life Program for men.		
Women's Center of Hope New Life Program . www.abqracue.org		
Excel Staffing:	2100 Osuna NE Ste.210	262-1871
Specializing in TEMPORARY work		
Greater Albuquerque Chamber of Commerce	115 Gold SW # 201	764-3700
Small business Support <u>www.abqchamber.com</u>		
High Desert Staffing	2201 San Pedro NE Bldg.4	881-3449
Staffing services for administrative accounting, financial ,IT ,Legal,Light	Ste.100	
Industrial, Medical Clerical, and office Clerical.		
Labor Ready	4418 Central SW	268-9040
Temporary labor - on demand <u>www.laborready.com</u>		
National Indian Youth Council	318 Elm St.SE	247-2251
Career and employment counseling, job search, and training for		
Low-income, Native Americans. Niyc-albq.org		
New Mexico Department of Workforce Solutions	401 Broadway NE	505-841-8409
Unemployment Insurance claims, job search and training for low-Income		1-877-NM4MYUI
www.dws.state.nm.us		
New Mexico Workforce Connection	501 Mountain NE	843-1900
Assistance in preparing a resume, interview techniques and submitting		
applications, job search basics, and workshops.		
South Valley Small Business Development Center	1309 4 th St. SW	248-0132
Business counseling, technical training, workshops and seminars	Ste. A	
Women's Economic Self-Sufficiency Team (WESST)	609 Broadway NE	505-246-6900
Business training and small business loans. www.wesst.org	-	
YWCA-Our Sisters Closet	210 Truman St. NE	254-9922 243-6900

HEALTH		
First Nations Community Healthsource Open to all people. WIC, family planning, HIV prevention, counseling services,	5608 Zuni SE	262-2481
diabetes services, language interpretation, information and referral. Medicaid,		
Medicare, and insurance accepted; sliding-scale fees.		
Albuquerque Healthcare for the Homeless	1217 First St. N.W.	242-4644
Services: Vision, Primary Care, Podiatry, Pharmacy, Counseling/Mental		
Health, Medical, Dental. Open Monday-Friday, accepts uninsured, low income, Fees:		
Free or low cost . Languages spoken; English Medical Clinic		
Administration		248-0817
Art Street	1217 1 st NW	248-0817
Dental Clinic		242-8288
Medical Clinic	1217 1st St. NW	242-4644
Maternity and Family Planning	1231 Candelaria	272-2158

HEALTH		
Broadway Maternity and Family Planning	302 San Pablo SE	272-2154
Maternity and Family Planning	1500 Walter SE	272-2156
New Futures School for Teenagers only	5400 Cutler NE	883-5680
La Puerta Mental Health Services	1271 1st NW	843-7611
Villa De Paz	7900 Bell SE	254-0320
Harm Reduction Center	1217 1 ST NW	266-4188
Tierra Del Sol Offering medical, dental, mental health, substance abuse, and Emergency residential placement for children. Medicaid is Accepted, however many services are available for free.	5817 Central NW	831-7815
Kalpulli Izakalli Alternative & Traditional Medicine	440 General Channault NE	452-9208
NM Servicios SIDA		938-7100
New México Lions Vision Out of volunteer's home		266-3937
Planned Parenthood of the Rio Grande Family planning, counseling, and education. Testing for Pregnancy, AIDS, and urinary infections. Bilingual. Sliding-scale fees.	3625 Central NE	265-3722
Ronald McDonald House Temporary residential facility for immediate families of seriously ill children being treated in Albuquerque hospitals. Family must live over 4 hours away. Family supplies own food.	1011 Yale NE	842-8960
S.E.A.D Project Women's Health	7525 Zuni SE	841-8929
St. Joseph Community Home Visitations First born Curriculum, first time pregnant mothers. Pre-natal week by week First baby only, home visitors-teaching mothers about baby's development, transportation, Income Support, Employment, & Insurance.	300 Central SW	924-8014
S.E.T. For Healthy Families N.M. Provides medical self-care workshops based on the Health wise Handbook and First Aid kit. S.E.T. supplies each attendee. The 1½ hour classes focus on the concept of personal responsibility for health and wellness, working in partners with doctors, and navigating the health care system. The classes and materials are available in English and Spanish. They target the uninsured and underserved Also offers 10 well being clinics in Albuquerque's subsidized housing, meal sites, and senior centers, with volunteer nurses, dieticians, pharmacists, and a massage therapist. The Clinics are open to anyone in the neighborhood, and meet monthly.	P.O. Box 27436	924-8014
Casa Se Salud No insurance accepted, pay as you go. \$30.00 per visit.	1028 Ann SW	907-8311
U.N.M. Dental Clinic Cleaning, x-rays, fluoride treatment, and dental hygiene education. Fees.	2320 Tucker NE	272-4106
U.N.M. Maternity & Infant Care operator Pharmacy		272-1111 272-2283
U.N.M. Mental Health Center (Financial services) second number	2600 Marble NE	272-2800 272-2521
UN Nuevo Amanecer / A New Awakening Mental Health Counseling, Addiction & Recovery	600 1st St. NW	224-9124
Washington Middle School Health assessments, physical exams and treatment of many illnesses and injuries.	1101 Park SW	248-1116
Birthright of Albuquerque, Inc. Free pregnancy tests, donated maternity & baby clothes, information & referral.	3228 Candelaria NE	262-2235
Carenet Pregnancy Center for Albuquerque	9809 Candelaria NE	880-0882
Children's Medical Cervices		
(North Valley)		897-3311
(South Valley)		873-7481
Children's Medical Services	7704 2nd St. NW	
	2001 N.Centro Familiar SW	897-1555 873-7400
Community Dental Services	2116 Hinkle SE	843-7493
	1231 Candelaria N	345-8309

HEALTH		
Department of Public Health	6900 Gonzales S.W	836-5422
Department of Public Health	7525 Zuni Rd.SE	841-8929
Department of Public Health	8120 La Miranda	332-4850
Department of Public Health	7704 2nd St., NW	897-5700
(Dental Office)	2001 N. Centro Familiar SW	873-7400 873-7423
First Choice Community health		833-9950
Alameda Center	7704 2nd St. NW	890-1458
Alamosa Center (WIC Clinic)	6900 Gonzales SW	831-2534
North Valley Center (WIC Clinic)	1231 Candelaria	345-3244
South East Center (WIC Clinic)	1401 Williams SE	768-5450
South Valley Center (WIC Clinic)	2001 N. Centro Familiar S	873-7400
Stanford Clinic Public Health	1111 Stanford NE	841-4100
Alamosa Center (WIC Clinic)	6900 Gonzales SW	836-5422
Young Children's Health Center (U.N.M.) Medicaid Outreach medical services for children ages 0-5 and their Older siblings. Sliding-scale fee.	306 A San Pablo SE	272-9243

HOSPITALS		
<u>Hospitals</u>		
ABQ Health Partners	5400 Gibson SE	262-7174
Presbyterian Healthcare Services	1100 Central SE	841-1234
Presbyterian Kaseman Hospital	8300 Constitution	291-2000
Lovelace West Side	10501 Golf Course	727-2000
University of New Mexico Hospital (U.N.M.)	2211 Lomas NE	272-2111
Veteranos Medical Center	1501 San Pedro SE	265-1711
Pharmaceutical Assistance		
Duran's Central Pharmacy	1815 Central NW	247-4141
Smith's # 423 Food and Drug	6125 4 th ST NW	344-3509
Smith's # 429	3701 Constitution NE	256-9443
South Valley Clinic Smith's # 571		877-4542
Price-Rite	1601 Arenal SW	877-4542
Rust medical center	2400 Unser NW RR	253-7878

HOUSING		
Albuquerque Housing Services Division	1840 University SE	764-3920
Rental housing for low-income, elderly, and handicapped (2 years waiting list		
usually).		
Albuquerque Public Housing Services		764-3900
Bernalillo County Housing Authority	1900 Bridge SW	314-0200
Rental housing for low-income, elderly, and handicapped (2 years waiting list		
usually).		
Central New Mexico Housing Corp.	703 Osuna RD. N.E.	345-4949
Funded by Dept. of Energy, funds are also provided by low income Home Energy	Ste # 2	
Assistance Programs. LIHEAP		
Central United Methodist	201 University NE	243-7834
Housing for 20 homeless or low income families. To qualify the head of		
household needs to be going to school or in job training. If qualified paid housing		
will be provided for up to two years.		

HOUSING		
Habitat for Humanity	204 San Mateo SE	265-0057
Builds houses for low-income working families that provide 500 hours work into the		
house and then receive the house at cost with a 20- 30 year mortgage.		
Albuquerque Health Care for the Homeless	1217 1st. St. NW	242-4644
Emergency shelter for children (depending on situation) and parents, that also provides		
help with a permanent housing search. Phone for assessment times. Drop in stepping		
stone, Children's outreach ,Dental/Medical ,Substance Abuse/Mental Health		
Housing and Urban Development (H.U.D.)	625 Silver SW 100-8	346-6463
Section 8 and subsidized projects (waiting list likely).		
New Life Homes, Inc.	PO Box 90486	293-7553
Low cost apartments for homeless individuals. Provide affordable housing		
New Mexico Fair Housing Organization& Acorn Housing	1202 Central SW	244-1086
Low & moderate income credit repair, pre-qualifying service for home preparation.		
Transitional Living Services, Inc.	601 Domingo Rd. NE	268-5295
Community Housing, Rehab w/mental illness, Case management Shelter and care for		
adults with mental illness. Some type of insurance required.		
United South Broadway Corporation	P.O. Box 25242 Abq.	764-8867
Free and sliding-scale seminars for low-income employed families on home buying (first	N.M.	
time buyers or not purchased a house within 3 years). Provides half of down payment or		
help on closing cost, up to \$3000. Attendance required receiving financial help.		
Women's Housing Coalition	3005 San Pedro DR.	884-8856
Operates 1 and 2 bedroom complexes for female single parent families. Must be	NE	
employed, in school, or a working volunteer.		
YES Housing (Youth Enterprise Systems, Inc.	2130 San Mateo	254-1373
Offering 1, 2, and 3 bedroom rental apartments for low-income clients.	NE Ste. G	
Also offers programs in development, asset management, safety and		
security management, and housing counseling.		

LEGAL		
Albuquerque Bar Association Lawyer Referral Service	400 Gold Ave.	243-2615
Referral service only. Fee \$35 non-refundable prior to consultation, 30 min. M-F, 9 am -3pm	SW #620	
Albuquerque Human Rights Office	Civic Plaza	768-4589
Investigates civil rights complaints in housing, employment, and public accommodations to ensure that they meet ADA requirements. M-F, 8am-5 pm	7 th floor	
American Indian Law Center	1117 Stanford Dr.	277-5462
Provides instruction for legal trainings and policies, but does not offer representation.	NE	
Law School Clinic Law Program (Intern Program for Pre-Law students) There is a certain criterion to meet in order to qualify for services. An initial telephonic screening will be conducted to see if a person qualifies for representation.	1177 Stanford Dr. NE	277-5462
Bernalillo County Metropolitan Court Resolves small claims disputes through utilization of the Self Help Center (landlord-tenant, consumer complaints &debt arrangements). For further information regarding court programs access website at	401 Roma Ave. NW	841-8100
: www.metrocourt.state.nm.us M-F, 8am-5 pm		
Catholic Social Services	2010 Bridge	247-0442
Deals exclusively with legal issues pertaining to immigration, offers refugee resettlement program.	Blvd. SW	724-4649
Hours are M-F, 8am-5 pm		
For information regarding domestic violence and sexual abuse contact this phone number:	400 I DI I	041 0400
Children, Youth, and Family Court Clinic (District Court Office) Provides mediation for children by court order only. Also approves legal aid for situations pertaining to	400 Lomas Blvd. NW	841-8400
domestic violence and child support issues. Hours of operation are M-F 8am-5-pm.	NW	
Court Clinic (District Court Office)	415 Lomas Ave.	841-4709
Provides mediation for children by court order only.	NW	
Equal Employment Opportunity Commission	505 Marquette	248-5201
Investigates discrimination and sexual harassment complaints related in the workplace.	Ave. Ste. 900 N	1-800-669- 4000
Law Access New Mexico		998-4529
Provides legal advice for low income clients, regarding civil cases only. This legal service is		
only provided over the phone, and does not allow for face to face interaction. Additional		
legal referrals can be made by Law Access New Mexico.Business hours are M-F 8:45 am-		
3:45 pm.		
New México Legal Aid	300 Copper NW	243-7871
For low-income Bernalillo County residents dealing with landlord-tenant issues, domestic violence, denial of public benefits, foreclosures on homes, divorce child support, adoption, child custody agreements, and real estate. M-F 8:30 -5:00. www.usattorneylegalservices.com		
Pegasus Children's Legal Services	3201 4th St. NW	244-1101
Provides a variety of legal services for individuals under the age of 24. The only exceptions to the 24 year old age limit, are issues pertaining to education and guardianship. Business hours M-F 8:30 – 5:00 www.pegasuslaw.com		
Disabilities Rights New Mexico	1720 Louisiana	256-3100
Free advocacy & referral for people with developmental disabilities. M-F 8:30 am5:00pm	NE #204	
UNM Law Clinic	1117 Stanford SE	377-5265
Safe House		247-4219
Assists with restraining orders, advocates at court for women Safe House is a shelter for battered		===
women. Once the individual is a resident there will be an advocate for court. Also have case manager to help if needed with legal problems whether living at Safe House or not. 24 hrs.		
www.safehousenm.org		

RECREATION		
Albuquerque Community Centers	505 Marquette NW	767-5800
Alamosa	6900 Gonzalez SW	836-8760
Barelas	801 Barelas Rd. SW	848-1343
<u>Cesar Chavez</u>	7505 Kathryn SE	<u>256-2680</u>
<u>Dennis Chavez</u>	715 Kathryn SE	848-1341
Herman Sanchez	1830 Williams SE	848-1336
<u>Heights</u>	823 Buena Vista SE	848-1334
Holiday Park	11710 Comanche	291-6289
Jack Candelaria	400 San Jose SE	848-1324
Jeanne Bellamah	11516 Summer NE	291-6253
Loma Linda Recreation Therapy	1700 Yale SE	764-1525
Los Duranes	2920 Leopoldo NW	848-1338
Manzano Mesa Multigenerational	501 Elizabeth SE	275-8731
Mc Kinley	3401 Monroe NE	888-8183
Mesa Verde	7900 Marquette NE	256-2091
Pat Hurley	3928 Rincon NW	836-8810
Singing Arrow	13001 Singing Arrow SE	291-6200
Snow Park	9501 Indian School NE	332-5250
Taylor Ranch/Don Newton	4900 Kachina, NW	768-6006
Thomas Bell	3001 University Blvd. SE	848-1332
Wells Park	500 Mountain Rd. NW	848-1390
Westgate	1400 Snow Vista SW	836-8724
West Mesa	5500 Glenrio Rd. NW	836-3487
Whittier	1110 Quincy SE	256-2093
North Valley (Valle Del Norte)	1812 Candelaria Rd. NW	342-1322
Other City Programs:		
Isshin Ryu Karate Club	1314 Gibson Blvd. SE	764-1721
Albuquerque PAL Boxing	2704 Girard Blvd.NE	254-4805
East San Jose	2015 Galena SE	848-1396
Eisenhower	11001 Camero NE	291-6292
Highland	400 Jackson SE	256-2096
Los Altos Pool	10100 Lomas NE	291-6290
Montgomery Pool	5301 Palo Duro NE	888-8123
Rio Grande Pool	1410 Iron SW	848-1397
Sandia Pool	7801 Candelaria Rd. NE	291-6279
Sierra Vista	5001 Montano Blvd. NW	897-8819
Sunport	2023 Columbia SE	848-1398
Valley Pool	1505 Candelaria Rd. NW	761-4086
West Mesa	6705 Fortuna Rd. NW	836-8718
Wilson	6000 Anderson SE	256-2095
Bernalillo County Parks and Recreation www.bernco.gov	111 Union Square SE	314-0400
Alameda Pool	9800 4 TH NW	898-1355
Los Vecinos CC	4781/2 Old Rte 66, Tijeras	281-4456
Mountain View CC	201 Prosperity Ave. SE	314-0297
Paradise Hills CC & Pool	5901 Paradise NW	898-0956
Raymond G. Sanchez	9800 4th NW	468-7800
Rio Grande Pool	2312 Arenal SW	314-0169
South Valley Pool	3912 Isleta SW	<u>873-6616</u>
Westside CC	877-8914 Isleta SW	314-0176
Horn Family YMCA	4901 Indian School NE	265-6971
Mountainside YMCA	12500 Comanche Rd. NE	292-2298
YWCA	201 San Mateo NE	254-9922
<u>Camp Shaver Summer Camp</u> <u>Jemez Springs</u>	22900 Highway 4	<u>1-575-</u>
		829-3572
YWCA Business office www.ywca-nm.org	210 Truman St. NE	<u>254-9922</u>

SENIOR CITIZENS		
Adult Protective Services Division		
If you suspect an adult is being abused, exploited, or neglected, provides services mandated by state law on behalf of person's age 18 years of age or older. Services include investigation of reports of		505-841-4502
abuse, neglect and/or exploitation; protective placement; caregiver services		866-654-3219
as filing for guardianship/conservatorship.	, ,	505-476-4912
Intake toll free in New Mexico at (if calling from outside New Mexico).	•	
Aging parents and Elder Care		1-800-677-1116
http://www.aging-parents-and-elder-care.com or www.eldercare.gov.	<u>:</u>	
Alzheimer Association NM Chapter Phone	1-800-872-3900	(505)266-4473
Assistance League of Albuquerque Blue Portal	2107 Church NW	243-6005
Educational, social, and recreational programs for persons over 55	5211 Lomas NE	265-0619
Consumer and Elder Rights Division	1	
The programs within the Consumer and Elder Rights Division assure elderly and disabled citizens of New Mexico protection of their rights to adequate standards of care and access to essential benefits, goods and services. These protections occur through direct counseling, information and referral, care coordination, legal advocacy, and quality management activities.		476-4577
Department of Senior Affairs Albuquerque Care Coordinator Care Coordination provides a comprehensive in-home assessment to determine the needs of frail elders followed by linkage with appropriate services throughout the community. Care Coordinators arrange for in-home services such as home-delivered meals, homemakers (non-medical homecare), in-home respite care, mental health counseling, and Senior Companions.		505-764-6400
Department of Senior Affairs Albuquerque Home Retrofit Help is provided to income-eligible disabled persons of all ages in modifying their living space to accommodate special needs. Home Retrofit installs grab bars, wheelchair ramps, and safety rails, and other supportive equipment. Step modification and other minor remodeling are also possible to enhance self-sufficiency. Donations are requested.		505-764-6400
Department of Senior Affairs Albuquerque Home Repairs For homeowners aged 60 and older, non-licensed work is provided for such windows, fixing minor plumbing problems, and installing door locks. Don		505-764-6400
Department of Senior Affairs Albuquerque Home Chores For homeowners aged 60 and older, annual yard work, painting and other needed chores are provided. Donations are requested.		505-764-6400
Elderly and Disability Services Division		476-4706
	nat provide support to	
The Elderly and Disability Services Division is responsible for programs the		
enable older adults and individuals with disabilities to remain in their own		476-4785
enable older adults and individuals with disabilities to remain in their own to return to their homes from a nursing facility or institution. The Division	also advocates for each	476-4785
enable older adults and individuals with disabilities to remain in their own to return to their homes from a nursing facility or institution. The Division consumer to live in the least restrictive environment, provides education as	also advocates for each	476-4785
enable older adults and individuals with disabilities to remain in their own to return to their homes from a nursing facility or institution. The Division consumer to live in the least restrictive environment, provides education at case managers, and direct service providers.	also advocates for each	
enable older adults and individuals with disabilities to remain in their own to return to their homes from a nursing facility or institution. The Division consumer to live in the least restrictive environment, provides education at case managers, and direct service providers. Office of Indian Elder Affairs	also advocates for each nd training for consumers,	476-4785 505-476-4698
enable older adults and individuals with disabilities to remain in their own to return to their homes from a nursing facility or institution. The Division consumer to live in the least restrictive environment, provides education at case managers, and direct service providers.	also advocates for each nd training for consumers,	

SENIOR CITIZENS CONTINUED		
Self-directed Services for the elderly and disabled on Medicaid Individuals who choose to participate in Mi Via, a self-directed program, will have more choices, control, and		841-5510
freedom to design their own service plans to meet their functional, medic programs allow participants to choose services they need, hire their own how to spend their Mi Via budget. A consultant will provide assistance a receive long-term services through home-and-community based waiver pelderly, Developmental Disabilities, Medically Fragile, AIDS, and indiv for Mi Via.	service workers, and decide where and s necessary. Medicaid recipients who programs, such as the Disabled and	
Senior Citizens' Law Office (SCLO) The Senior Citizens' Law Office provides free legal services to Bernalillo County elderly aged 60+ in civil (non-criminal) cases. Services are targeted to older persons with the greatest economic and social needs and are provided by appointment. Legal clinics are held at some senior centers. Donations are requested. www.sclonn.org		505-265-2300
Senior Citizens Centers (CITY)		
Barelas	714 7th St. SW	764-6436
Bear Canyon	4645 Pitt NE	272-5959
Highland	131 Monroe NE	256-2000
Los Volcanes	6500 Los Volcanes NW	767-5959
North Valley	3825 4th St. NW	761-4025
Pajarito	6080 Isleta Blvd. SW	873-6617
Palo Duro	5221 Palo Duro NE	888-8102
Rio Bravo	3910 Isleta Blvd. SW	873-6647
Satellites		
Alameda	9800 Fourth NW	897-8896
Armijo Satélite	1714 Centro Familiar SW	873-0047
North Albuquerque	7701 San Pedro NE,	857-8313
Princess Jeanne	11401 Indian School NE	291-6298
Whispering Pines	#6, Lark Road, Tijeras,	281-8003
Other Sites offering noon meals		
Encino Gardens	412 Alvarado SE,	764-6467
Encino Terrace	609 Encino Place NE,	764-6467
Cesar Chavez Community Center	7505 Kathern SE	256-2039
Los Duranes Community Center	2920 Leopoldo NW	767-5900
Thomas Bell Community Center	3001 University SE	848-1333
Embudo Towers,	8010 Constitutition NE	764-6467
Quick Guide to Senior Affairs Blue Cross Blue Shield	714 7 th Street SW	764-6400
seniorformation @cabq.gov		

SOCIAL SERVICES		
Cathólic Charities All programs provide bilingual services at sliding-scale fees. Family counseling, transportation to medical appointments and grocery for senior citizens, support groups (divorce/separation, cancer survivors, and sexual abuse survivors), and subsidized housing for homeless women with children.	2010 Bridge SW	247-0442
English as a Second Language (ESL) English classes for refugees and amnesty clients. Citizenship instruction. Child care (sliding-scale fee) available. Bilingual		247-0442
OUTCOMES M-F 8:00 am- 5:00 pm	1503 University NE	243-2551
Home Education Livelihood Program (H.E.L.P.) Counseling, dropout intervention, family preservation, summer employment, information and referral, crisis intervention and public benefit application assistance for elderly and low-income people. Bilingual. 8am -5 pm ,closed 12-1pm and holidays	5101 Copper NE	265-3717
New Mexico Commission on the Status of Women Free support groups (bilingual), information, referral, counseling, education, and employment opportunities for women (entry, or changing careers).	4001 Indian School Rd. NW # 300	841-8920
New Mexico Human Services Department Income Support Division Benefits Information Line (AFDC, Food stamps, Medicaid) Child Protective Services (Child Abuse Reporting) (CYFD		841-4016 1-800-797-3260
Northeast Bernalillo County office	4330 Cutler NE	222-9600
Northwest Bernalillo County	1041 LambertonNE	841-7700
Southeast Bernalillo County Office	1711 Randolph SE	383-2600
Child Support Enforcement Division		1-800-759-5437
Region III Region VII	1000 18 th St. NW 1015 Tijeras NW # 100	1-800-288-7207
United Way of Central New Mexico Provides telephone information and referrals for needy families	2340 Alamo Ave.SE 2 nd floor	247-3671

SPECIAL NEEDS		
The ARC of NM www.Arcnm.org		883-4630
Alta Mira Specialized Family Services	1605 Carlisle NE	262-0801
Offers programs for individuals and families with disability issues		
Community Options	2720 San Pedro NE	265-7936
Offers programs for individuals and families with disability issues		
Carrie Tingley Children's Hospital (U.N.M.)	1127 University Blvd. NE	272-5200
Pediatric rehabilitation and orthopedic care, as well as other specialty services. Insurance		
accepted, but no charge if parents can't pay. scheduling		272-4511
Center for Alcoholism, Substance Abuse, and Addictions (CASAA)	2650 Yale SE	925-2300
Child Find (A.P.S.)	2611 Eubank Blvd.NE	298-6752
Speech Therapy and other related services for children 3-5 years old. Also, provides		
evaluations for children with mental/physical disabilities.		
Desert Hills Center for Youth and Families	5310 Sequoia Rd. NW	836-7330
Services for children 11-18 years old. Medicaid accepted		
Disabled American Veteranos (D.A.V.)	2511 Utah NE	294-6193
Division of Vocational Rehabilitation (D.V.R.)	111 Central NE	841-6450
Provides, medical, counseling, and rehabilitation services for people with	1700Rio Bravo SW	877-7673
physical/mental disabilities in order to return to work.	5205 Quail Rd. NW	836-1774
Independent Living Resource Center	4401-B Lomas Blvd. NE	266-5022
Offers Support, research, resources and training for those working with young children with or		
at-risk of, disabilities and their families.		

SPECIAL NEEDS		
Inspirations	7010 Phoenix NE Ste 709	296-4449
Los Pasos Program UNM Health Science Center Medical, legal, and social services for 0-3 year olds exposed to alcohol or other drugs during mother's pregnancy. Can provide recovery from drug abuse for pregnant women and/or parenting women with their children.	2211 Lomas Blvd.NE	272-6843
New Mexico School for the Deaf Albuquerque Preschool Program (including evaluations) for children 2-5yrs.	3802 Hermosa Dr. NE	880-0273
New México Special Olympics Recreation and fitness programs for the mentally and physically disabled.	6600 Palomas NE #207	856-0342
Parents Reaching Out (PRO) Assists parents with children who have disabilities and special educational needs. Also, provides services in Bernalillo County.	1920 Columbia Dr.SE Ste. B	247-0192
NM Family Network Support and advocacy for parents with children that have behavioral problems	1101 Cardenas NE Ste 202	265-0430
Peanut Butter and Jelly Therapeutic Preschool Free advocacy and referral for people with developmental disabilities. Also, provides Guardian services for children in custody of the State of N.M.	1101 Lopez Rd. SW	877-7060
Disabilities Rights NM Free advocacy and referral for people with developmental disabilities. Also, provides Guardian Ad Litem services for children in custody of the State of New Mexico.	1720 Louisiana Blvd. NE	256-3100
RCI	1111 Menaul Blvd.NE	255-5501
The Rehabilitation Center (RCI) Outpatient therapy for physical, occupational, speech and language needs. Sheltered workshop/supervised employment, child development (ages 0-3) for children with developmental disabilities. Private insurance, Medicaid, and sliding-scale fees accepted.	1111Menaul NE	255-5501
Therapeutic Recreation Recreational activities for those with disabilities.	1700 Yale SE	764-1525
Very Especial Artes New México Training in art and drama for children and adults with disabilities.	4904 4 th St. NW	345-2872

TRANSPORTATION		
Noon Day Ministries	101 Broadway NE	246-8001
Provides bus passes for individuals who need them to be able to get to work	www.noondayministry.org	
Rio Metro Regional Transit District	809 Copper NW	724-3623
Job Access Program: Taxi Club service and ABQ Ride, bus passes for low income residents to get to		
job or training.		
Central United Methodist	201 University NE	243-7834
Bus passes on Wednesday & Friday with a sack lunch		
Safe Ride Services	1903 Edith NE# B	
Sun Van for the disabled		754-6165
Albuquerque Cab Company	3223 Los Arboles Av.	883-4888
Checker Cab.Co.	500 Kinley Av.NE	243-7777
Albuquerque Transit Dep.	100 St. SW	724-3100